

CURRICULUM FOR 2021/2022 RECRUITMENT
Field of study: Tourism and Recreation
Major in: TOURISM MANAGEMENT

Academic degree: first-cycle studies
 Educational profile: practical
 Form of study: full-time studies

No.	Course Title	Form of crediting	Number of hours	lecture	classes	lab/fic	prj/pc	s-s	internship	ECTS	ECTS for practical courses	ECTS for elective courses
SEMESTER I												
1.	OHS Training	pass	4	4								
2.	Library training	pass	2		2							
3.	Philosophy/Ethics	grade	15		15					2		+
4.	Sociology	grade	30	15	15					2		
5.	Social competences	grade	15		15					2		
6.	Foreign language I	grade	30			30				2	+	
7.	Foreign language II	grade	30			30				2	+	+
8.	Physical Education	grade	30		30							
9.	Fitness/ Gymnastics forms of physical activity	grade	30				30			2	+	+
10.	History of architecture and art.	exam	45	15	30					3		
11.	Exercise physiology	grade	30	15		15				3	+	
12.	Ecology and environmental protection	grade	30	15	15					3		
13.	Economics	exam	45	15	30					3		
14.	Introduction to tourism	exam	30	15	15					3		
15.	Introduction to recreation	exam	30	15	15					3		
Σ			396	109	182	75	30	0	0	30	9	6
SEMESTER II												
16.	Law in tourism and recreation	grade	30	15	15					2		
17.	Information technology	grade	15			15				2	+	
18.	Multiculturalism in tourism/ Protection of intellectual property	grade	15		15					2		+
19.	Foreign language I	grade	30			30				2	+	
20.	Foreign language II	grade	30			30				2	+	+
21.	Leisure games	grade	30				30			2	+	
22.	Swimming course	grade	30				30			2	+	
23.	Summer camp	grade	62				62			4	+	
24.	Management	exam	45	15	30					3		
25.	Regional and cultural studies	exam	45	15	30					3		
26.	Tourism geography	exam	45	15	30					3		
27.	Pedagogy of leisure time	grade	30	15	15					3		
Σ			407	75	135	75	122	0	0	30	14	4
SEMESTER III												
28.	Foreign language I	grade	30			30				2	+	
29.	Physical Education	grade	30		30							
30.	Theory and methodology of recreation	exam	30	15	15					3		
31.	Organization and management in tourism and recreation	grade	30	15	15					2		
32.	Introduction to marketing	grade	30	15	15					2		
33.	Tourist regions of the world	grade	30	15	15					2		
34.	Winter camp	grade	49				49			2	+	
35.	Diploma Seminar	grade	30		30					2		+

No.	Course Title	Form of crediting	Number of hours	lecture	classes	lab/fic	prj/pc	s-s	internship	ECTS	ECTS for practical courses	ECTS for elective courses
36.	Hotel business	grade	45	15	30					3		
37.	Tourist traffic services	exam	45	15		30				3	+	
38.	Economics of tourism and recreation	exam	30	15	15					3		
39.	Service culture and ethics of the profession	grade	30		30					3	+	+
40.	Promotion of tourist services	grade	30		30					3	+	+
Σ			439	105	225	60	49	0	0	30	13	8
SEMESTER IV												
41.	Professional practice	grade	960						960	36	+	+
Σ			960	0	0	0	0	0	960	36	36	36
SEMESTER V												
42.	Foreign language I	grade	30			30				2	+	
43.	Health education and health promotion/ Sport and recreation in non - communicable diseases	exam	30	15	15					2		+
44.	Methodology and ethics of tour guiding / Modern nutritional trends	grade	15		15					2		+
45.	Starting and managing one's own company	grade	15		15					2	+	
46.	Tourism fairs	grade	15				15			2	+	
47.	Introduction to statistics	grade	15			15				2	+	
48.	Tourism and recreation of people with disabilities / Kinesiogerontoprophyllaxis	grade	30	15	15					2		+
49.	Diploma Seminar	grade	30		30					2		+
50.	Dance/ Marital arts, self-defence	grade	30				30			2	+	+
51.	Guiding and managing tourist events	exam	30	15		15				2	+	
52.	Organization and management of tourism events	grade	30			30				2	+	+
53.	Booking systems in tourism	grade	30			30				3	+	+
54.	Human resource management in tourism	grade	45	15	30					3	+	+
55.	Catering in tourism	grade	30		30					2	+	+
Σ			375	60	150	120	45	0	0	30	22	20
SEMESTER VI												
56.	Foreign language I	exam	30			30				2	+	
57.	Tourism in practice	grade	30				30			2	+	
58.	Development of recreation and tourism	exam	45	15	30					3		
59.	Tourism fairs	grade	15				15			2	+	
60.	Information systems in tourism and recreation / Transport in tourism	grade	30	15	15					2		+
61.	Agrotourism / Ecotourism	grade	15	15						1		+
62.	Diploma Seminar	grade	30		30					8		+
63.	Recreation in practice	grade	30				30			2	+	
64.	Athletic forms of physical activity / Indoor climbing	grade	30				30			2	+	+
65.	Organization and management of recreational events	grade	30				30			2	+	+
66.	Leisure time animation	grade	30				30			2	+	+
67.	Operation and organization of a travel agency	grade	30			30				2	+	+
Σ			345	45	75	60	165	0	0	30	16	19

No.	Course Title	Form of crediting	Number of hours	lecture	classes	lab/flc	prj/pc	s-s	internship	ECTS	ECTS for practical courses	ECTS for elective courses
IN TOTAL DURING STUDIES			2922	394	767	390	411	0	960	186	110	93
				13,48%	86,52%						59,14%	50,00%

CURRICULUM FOR 2021/2022 RECRUITMENT
Field of study: Tourism and Recreation
Major in: HEALTH TOURISM AND RECREATION

Academic degree: first-cycle studies
 Educational profile: practical
 Form of study: full-time studies

No.	Course Title	Form of crediting	Number of hours	lecture	classes	lab/flc	prj/pc	s-s	internship	ECTS	ECTS for practical courses	ECTS for elective courses
SEMESTER I												
1.	OHS Training	pass	4	4								
2.	Library training	pass	2		2							
3.	Philosophy/Ethics	grade	15		15					2		+
4.	Sociology	grade	30	15	15					2		
5.	Social competences	grade	15		15					2		
6.	Foreign language I	grade	30			30				2	+	
7.	Foreign language II	grade	30			30				2	+	+
8.	Physical Education	grade	30		30							
9.	Fitness/ Gymnastics forms of physical activity	grade	30				30			2	+	+
10.	History of architecture and art.	exam	45	15	30					3		
11.	Exercise physiology	grade	30	15		15				3	+	
12.	Ecology and environmental protection	grade	30	15	15					3		
13.	Economics	exam	45	15	30					3		
14.	Introduction to tourism	exam	30	15	15					3		
15.	Introduction to recreation	exam	30	15	15					3		
Σ			396	109	182	75	30	0	0	30	9	6
SEMESTER II												
16.	Law in tourism and recreation	grade	30	15	15					2		
17.	Information technology	grade	15			15				2	+	
18.	Multiculturalism in tourism/ Protection of intellectual property	grade	15		15					2		+
19.	Foreign language I	grade	30			30				2	+	
20.	Foreign language II	grade	30			30				2	+	+
21.	Leisure games	grade	30				30			2	+	
22.	Swimming course	grade	30				30			2	+	
23.	Summer camp	grade	62				62			4	+	
24.	Management	exam	45	15	30					3		
25.	Regional and cultural	exam	45	15	30					3		
26.	Tourism geography	exam	45	15	30					3		
27.	Pedagogy of leisure time	grade	30	15	15					3		
Σ			407	75	135	75	122	0	0	30	14	4
SEMESTER III												
28.	Foreign language I	grade	30			30				2	+	
29.	Physical Education	grade	30		30							
30.	Theory and methodology of recreation	exam	30	15	15					3		
31.	Organization and management in tourism and recreation	grade	30	15	15					2		
32.	Introduction to marketing	grade	30	15	15					2		
33.	Tourist regions of the world	grade	30	15	15					2		
34.	Winter camp	grade	49				49			2	+	

No.	Course Title	Form of crediting	Number of hours	lecture	classes	lab/flc	prj/pc	s-s	internship	ECTS	ECTS for practical courses	ECTS for elective courses
35.	Diploma Seminar	grade	30		30					2		+
36.	Hotel business	grade	45	15	30					3		
37.	Tourist traffic services	exam	45	15		30				3	+	
38.	Economics of tourism and recreation	exam	30	15	15					3		
39.	Personal training	grade	30	15			15			3	+	+
40.	Health resort tourism	grade	30	15	15					3	+	+
Σ			439	135	180	60	64	0	0	30	13	8
TERM IV												
41.	Professional practice	grade	960						960	36	+	+
Σ			960	0	0	0	0	0	960	36	36	36
SEMESTER V												
42.	Foreign language I	grade	30			30				2	+	
43.	Health education and health promotion/ Sport and recreation in non - communicable diseases	exam	30	15	15					2		+
44.	Methodology and ethics of tour guiding / Modern nutritional trends	grade	15		15					2		+
45.	Starting and managing one's own company	grade	15		15					2	+	
46.	Tourism fairs	grade	15				15			2	+	
47.	Introduction to statistics	grade	15			15				2	+	
48.	Tourism and recreation of people with disabilities / Kinesiogerontoprophyllaxis	grade	30	15	15					2		+
49.	Diploma Seminar	grade	30		30					2		+
50.	Dance/ Marital arts, self-defence	grade	30				30			2	+	+
51.	Guiding and managing tourist events	exam	30	15		15				2	+	
52.	Promotion of physical activity	grade	45	15	30					3	+	+
53.	Organization of tourism and recreation for disabled and elderly people	grade	30		30					2	+	+
54.	Wellness	grade	30				30			2	+	+
55.	Reha fit	grade	30				30			3	+	+
Σ			375	60	150	60	105	0	0	30	22	20
SEMESTERVI												
56.	Foreign language I	exam	30			30				2	+	
57.	Tourism in practice	grade	30				30			2	+	
58.	Development of recreation and tourism	exam	45	15	30					3		
59.	Tourism fairs	grade	15				15			2	+	
60.	Information systems in tourism and recreation / Transport in tourism	grade	30	15	15					2		+
61.	Agrotourism / Ecotourism	grade	15	15						1		+
62.	Diploma Seminar	grade	30		30					8		+
63.	Recreation in practice	grade	30				30			2	+	
64.	Athletic forms of physical activity / Indoor climbing	grade	30				30			2	+	+
65.	Organization and management of recreational events	grade	30				30			2	+	+
66.	Hippotherapy	grade	30				30			2	+	+

No.	Course Title	Form of crediting	Number of hours	lecture	classes	lab/flc	prj/pc	s-s	internship	ECTS	ECTS for practical courses	ECTS for elective courses
67.	Aqua-aerobics	grade	30				30			2	+	+
Σ			345	45	75	30	195	0	0	30	16	19
IN TOTAL DURING STUDIES			2922	424	722	300	516	0	960	186	110	93
				14,51%	85,49%						59,14%	50,00%

CURRICULUM FOR 2021/2022 RECRUITMENT
Field of study: Tourism and Recreation
Major: MANAGER OF TOURISM AND HOSPITALITY

Academic degree: first-cycle studies
 Educational profile: practical
 Form of study: full-time studies

No.	Course	Form of crediting	Number of hours	lecture	classes	lab/flc	prj/pc	s-s	internship	ECTS	ECTS for practical courses	ECTS for elective courses
SEMESTER I												
1.	OHS Training	pass	4	4								
2.	Library training	pass	2		2							
3.	Philosophy/Ethics	grade	15		15					2		+
4.	Sociology	grade	30	15	15					2		
5.	Social competences	grade	15		15					2		
6.	Foreign language I	grade	30			30				2	+	
7.	Foreign language II	grade	30			30				2	+	+
8.	Physical Education	grade	30		30							
9.	Fitness/ Gymnastic forms of physical activity	grade	30				30			2	+	+
10.	History of architecture and art	exam	45	15	30					3		
11.	Exercise physiology	grade	30	15		15				3	+	
12.	Ecology and environmental protection	grade	30	15	15					3		
13.	Economics	exam	45	15	30					3		
14.	Introduction to tourism	exam	30	15	15					3		
15.	Introduction to recreation	exam	30	15	15					3		
Σ			396	109	182	75	30	0	0	30	9	6
SEMESTER II												
16.	Law in tourism and recreation	grade	30	15	15					2		
17.	Information technology	grade	15			15				2	+	
18.	Multiculturalism in tourism/ Protection of intellectual property	grade	15		15					2		+
19.	Foreign language I	grade	30			30				2	+	
20.	Foreign language II	grade	30			30				2	+	+
21.	Leisure games	grade	30				30			2	+	
22.	Swimming course	grade	30				30			2	+	
23.	Summer camp	grade	62				62			4	+	
24.	Management	exam	45	15	30					3		
25.	Regional and cultural studies	exam	45	15	30					3		
26.	Tourism geography	exam	45	15	30					3		
27.	Pedagogy of leisure time	grade	30	15	15					3		
Σ			407	75	135	75	122	0	0	30	14	4
SEMESTER III												
28.	Foreign language I	grade	30			30				2	+	
29.	Physical Education	grade	30		30							
30.	Theory and methodology of recreation	exam	30	15	15					3		
31.	Organization and management in tourism and recreation	grade	30	15	15					2		
32.	Introduction to marketing	grade	30	15	15					2		
33.	Tourist regions of the world	grade	30	15	15					2		
34.	Winter camp	grade	49				49			2	+	
35.	Diploma Seminar	grade	30		30					2		+

No.	Course	Form of crediting	Number of hours	lecture	classes	lab/flc	prj/pc	s-s	internship	ECTS	ECTS for practical courses	ECTS for elective courses
36.	Hotel business	grade	45	15	30					3		
37.	Tourism management	exam	45	15		30				3	+	
38.	Economics of tourism and recreation	exam	30	15	15					3		
39.	Organizational and legal aspects of tourism business planning	grade	30	15	15					3	+	+
40.	Hotel management	grade	30		30					3	+	+
Σ			439	120	210	60	49	0	0	30	13	8
SEMESTER IV												
41.	Professional training	grade	960						960	36	+	+
Σ			960	0	0	0	0	0	960	36	36	36
SEMESTER V												
42.	Foreign language I	grade	30			30				2	+	
43.	Health education and health promotion/ Sport and recreation in non - communicable diseases	exam	30	15	15					2		+
44.	Methodology and ethics of tour guiding / Modern trends in nutrition	grade	15		15					2		+
45.	Starting and managing one's own company	grade	15		15					2	+	
46.	Tourism fairs	grade	15				15			2	+	
47.	Introduction to statistics	grade	15			15				2	+	
48.	Tourism and recreation of people with disabilities / Kinesiogerontoprophyllaxis	grade	30	15	15					2		+
49.	Diploma Seminar	grade	30		30					2		+
50.	Dance/ Marital arts, self-defence	grade	30				30			2	+	+
51.	Guiding and managing tourist events	exam	30	15		15				2	+	
52.	Marketing of hotel services	grade	45	15	30					3	+	+
53.	Problems of the customer service organization in the tourism and hospitality	grade	30		30					2	+	+
54.	Management of SPA and wellness services	grade	30		30					2	+	+
55.	Information and booking systems	grade	30			30				3	+	+
Σ			375	60	180	90	45	0	0	30	22	20
SEMESTER VI												
56.	Foreign language I	exam	30			30				2	+	
57.	Tourism in practice	grade	30				30			2	+	
58.	Development of recreation and tourism	exam	45	15	30					3		
59.	Tourism fairs	grade	15				15			2	+	
60.	Information systems in tourism and recreation / Transport in tourism	grade	30	15	15					2		+
61.	Agrotourism / Ecotourism	grade	15	15						1		+
62.	Diploma Seminar	grade	30		30					8		+
63.	Recreation in practice	grade	30				30			2	+	
64.	Athletic forms of physical activity / Indoor climbing	grade	30				30			2	+	+
65.	Hotel nutrition principles	grade	30		30					2	+	+
66.	Organization of events in the tourism enterprise	grade	30		30					2	+	+
67.	Finance management	grade	15		15					1	+	+

No.	Course	Form of crediting	Number of hours	lecture	classes	lab/flc	pri/pc	s-s	internship	ECTS	ECTS for practical courses	ECTS for elective courses
68.	Interpersonal communication in business	grade	15		15					1	+	+
Σ			345	45	165	30	105	0	0	30	16	19
IN TOTAL DURING STUDIES			2922	409	872	330	351	0	960	186	110	93
				14,00%	86,00%						59,14%	50,00%

CURRICULUM FOR 2021/2022 RECRUITMENT
Field of study: Tourism and Recreation
Major: INTERNATIONAL TOURISM

Academic degree: first-cycle studies
 Educational profile: practical
 Form of study: full-time studies

No.	Course Title	Form of crediting	Number of hours	lecture	classes	lab/FLC	pri/pc	s-s	internship	ECTS	ECTS for practical courses	ECTS for elective courses
SEMESTER I												
1.	OHS Training	pass	4	4								
2.	Library training	pass	2		2							
3.	Philosophy/Ethics	grade	15		15					2		+
4.	Sociology	grade	30	15	15					2		
5.	Social competence	grade	15		15					2		
6.	Foreign language I	grade	30			30				2	+	
7.	Foreign language II	grade	30			30				2	+	+
8.	Physical Education	grade	30		30							
9.	Fitness/ Gymnastic forms of physical activity	grade	30				30			2	+	+
10.	History of architecture and art	exam	45	15	30					3		
11.	Exercise physiology	grade	30	15		15				3	+	
12.	Ecology and environmental protection	grade	30	15	15					3		
13.	Economics	exam	45	15	30					3		
14.	Introduction to tourism	exam	30	15	15					3		
15.	Introduction to recreation	exam	30	15	15					3		
Σ			396	109	182	75	30	0	0	30	9	6
SEMESTER II												
16.	Law in tourism and recreation	grade	30	15	15					2		
17.	Information technology	grade	15			15				2	+	
18.	Multiculturalism in tourism/ Protection of intellectual property	grade	15		15					2		+
19.	Foreign language I	grade	30			30				2	+	
20.	Foreign language II	grade	30			30				2	+	+
21.	Leisure games	grade	30				30			2	+	
22.	Swimming course	grade	30				30			2	+	
23.	Summer camp	grade	62				62			4	+	
24.	Management	exam	45	15	30					3		
25.	Regional and cultural studies	exam	45	15	30					3		
26.	Tourism geography	exam	45	15	30					3		
27.	Pedagogy of leisure time	grade	30	15	15					3		
Σ			407	75	135	75	122	0	0	30	14	4
SEMESTER III												
28.	Foreign language I	grade	30			30				2	+	
29.	Physical Education	grade	30		30							
30.	Theory and methodology of recreation	exam	30	15	15					3		
31.	Organization and management in tourism and recreation	grade	30	15	15					2		
32.	Introduction to marketing	grade	30	15	15					2		
33.	Tourist regions of the world	grade	30	15	15					2		
34.	Winter camp	grade	49				49			2	+	
35.	Diploma Seminar	grade	30		30					2		+

No.	Course Title	Form of crediting	Number of hours	lecture	classes	lab/FLC	pri/pc	s-s	internship	ECTS	ECTS for practical courses	ECTS for elective courses
36.	Hotel business	grade	45	15	30					3		
37.	Tourism management	exam	45	15		30				3	+	
38.	Economics of tourism and recreation	exam	30	15	15					3		
39.	International conditions of tourism development	grade	30	15	15					3	+	+
40.	International tourism market	grade	30		30					3	+	+
Σ			439	120	210	60	49	0	0	30	13	8
SEMESTER IV												
41.	Professional training	grade	960						960	36	+	+
Σ			960	0	0	0	0	0	960	36	36	36
SEMESTER V												
42.	Foreign language I	grade	30			30				2	+	
43.	Health education and health promotion/ Sport and recreation in non - communicable diseases	exam	30	15	15					2		+
44.	Methodology and ethics of tour guiding / Modern trends in nutrition	grade	15		15					2		+
45.	Establishing and managing a company	grade	15		15					2	+	
46.	Tourism fairs	grade	15				15			2	+	
47.	Introduction to statistics	grade	15			15				2	+	
48.	Tourism and recreation of people with disabilities / Kinesiogerontoprophyllaxis	grade	30	15	15					2		+
49.	Diploma Seminar	grade	30		30					2		+
50.	Dance/ Marital arts, self-defence	grade	30				30			2	+	+
51.	Guiding and managing tourist events	exam	30	15		15				2	+	
52.	Network booking systems	grade	30			30				3	+	+
53.	Marketing of international tourism services	grade	45	15	30					3	+	+
54.	E-media in tourism development	grade	30			30				2	+	+
55.	Tourist organizations in Poland and in the world	grade	30		30					2	+	+
Σ			375	60	150	120	45	0	0	30	22	20
SEMESTER VI												
56.	Foreign language I	exam	30			30				2	+	
57.	Tourism in practice	grade	30				30			2	+	
58.	Development of recreation and tourism	exam	45	15	30					3		
59.	Tourism fairs	grade	15				15			2	+	
60.	Information systems in tourism and recreation / Transport in tourism	grade	30	15	15					2		+
61.	Agrotourism / Ecotourism	grade	15	15						1		+
62.	Diploma Seminar	grade	30		30					8		+
63.	Recreation in practice	grade	30				15			2	+	
64.	Athletic forms of physical activity / Indoor climbing	grade	30				30			2	+	+
65.	International trade organizations	grade	30		30					2	+	+
66.	Law in international tourism	grade	15	15						1	+	+
67.	Financing of international tourism projects	grade	30		30					2	+	+
68.	Business activity in international tourism	grade	15		15					1	+	+

No.	Course Title	Form of crediting	Number of hours	lecture	classes	lab/FLC	prj/pc	s-s	internship	ECTS	ECTS for practical courses	ECTS for elective courses
Σ			345	60	150	30	90	0	0	30	16	19
IN TOTAL DURING STUDIES			2922	424	827	360	336	0	960	186	110	93
				14,51%	85,49%						59,14%	50,00%