



ANNOUNCEMENT No. 1

6th International Scientific Conference

THEORY AND PRACTICE OF ADAPTED PHYSICAL ACTIVITY

Biała Podlaska, 09-10 October 2019.

HONORARY PATRONAGE

Rector of the Pope John Paul II State School of Higher Education in Biała Podlaska

Prof. Józef Bergier, PhD

President of the Polish Scientific Association of Adapted Physical Activity

Prof. Andrzej Kosmol, PhD

Dear Sirs or Madams,

In 2009, the Polish Scientific Association of Adapted Physical Activity (PTN-AAF) initiated international conferences under the common title *Theory and practice of adapted physical activity*, which have been organised ever since as biennial events. The 6th conference will be held in Biała Podlaska, organized in the friendly environment under the auspices of the Pope John Paul II State School of Higher Education in Biała Podlaska, in cooperation with PTN-AAF and the Faculty of Rehabilitation of the Józef Piłsudski University of Physical Education in Warsaw.

We would like to invite you to participate in the coming conference, which aims at presenting the latest scientific achievements and practical solutions in the field of adapted physical activity (APA).

The conference programme includes a plenary session during which invited experts from Poland and abroad are going to present their findings. It will then be followed by thematic sessions (including those run by student research interest groups), and workshops conducted by specialist practitioners.

CONFERENCE THEME

1. APA in school education, tourism, recreation and sport.
2. APA in physiotherapy, with particular focus on chronic diseases.
3. APA in promotion and prevention of health and therapy of older adults.
4. Examples of good practices in APA.
5. Traditional and modern forms of physical activity for people with special needs.

As part of the last topic, we would like to attract particular interest of participants in dance movement therapy, movement forms adapted to the needs of people with special needs. Dance adaptations support the process of physical and mental development, social integration, facilitate the person's learning about capabilities of own body and emotional reactions, as well as improve communication and development of relations between people. It seems to be an underestimated form of movement, which is worth promoting.

The conference participants and other persons interested in the topics of the conference will be able to take part in three workshops:

1. *Dancing can heal: dancing in a circle, music and movement exercises, improvisation* (workshop instructor: Zofia Aleszko).
2. *Dance movement therapy as a form of improving function of people with intellectual disabilities* (workshop instructor: Tomasz Kuta).
3. *Dancing in sensory therapy* (workshop instructor: Katarzyna Rybok).

FORMS OF PRESENTATION

- foreign ordered papers (30 min),
- national ordered papers (20 min)
- oral presentations (10 min.)
- posters

The organizer reserves the right to change the form of presentation.

APPLICATION FOR PARTICIPATION WITH A SPEECH

If you are interested in participating in the conference, please fill in and send us an application form with the title of the presentation and abstract in Polish to the following e-mail r.rzeczowska@pswbp.pl.

The text of the abstract should be prepared in the form of files saved in the MS WORD format (*.doc or *.docx). The abstract should include the name and surname of the author(s), degree/professional title(s) and affiliation (organisational unit).

Editorial requirements: abstract up to 250 words, font: Times New Roman (12 points), margins: 2.5 cm, line spacing: 1.5.

Presentation in the form of a poster

Reports presented in the form of a poster should be legible from a distance of 1 m and should not exceed the width of 0.8 m and height of 1 m. The poster should contain the following information: name and surname of the author(s), name of the institution, title, purpose of the research, methodology used, research results and conclusions.

DATE OF THE CONFERENCE: 09 to 10 October 2019

DEADLINE FOR SENDING APPLICATIONS AND ABSTRACTS: 20 May 2019

VENUE AND ORGANIZER:

Pope John Paul II State School of Higher Education,
21-500 Biała Podlaska
ul. Sidorska 95/97

CO-ORGANIZED BY:

Polish Scientific Association of Adapted Physical Activity
The Faculty of Rehabilitation, Józef Piłsudski University of Physical Education in Warsaw

PARTICIPATION FEES

- members of PTN-AAF and doctoral students: 200 PLN (membership subscriptions paid for 2018 and 2019),
- other participants: 250 PLN,
- Students/passive participants: free of charge (excluding workshops).

The participation fee includes:

- participation in workshops,
- coffee breaks,
- 2 times lunch,
- conference materials,
- certificate of participation.

Banquet: 100 PLN

Participation in workshops: 80 PLN per workshop (for those who are non-participants)

Please transfer the conference fee by **31 July 2019** at the latest to the bank account of Bank

WBK SA 1 Oddział in Biała Podlaska

11 1500 1331 1213 3004 3528 0000

For cross-border settlements:

SWIFT CODE: WBKPPLPP IBAN: PL11 150013311213300435280000

with transfer reference "PTN-APA Conference 2019"

Workshop fees: Please transfer the workshop fee to the above account with transfer reference "Workshops PTN-APA 2019".

ACCOMMODATION

A special price offer has been negotiated for the conference participants in some hotels:

- the Skala hotel – ul. Artillery 1; single room: 110 PLN, double room: 170 PLN,
- the Capitol hotel – ul. Reymonta 3; single room: 120 PLN, double room: 180 PLN.

If you are interested in staying in the above hotels, please add respective information in the application form.

Organiser:

Pope John Paul II State School of Higher Education

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Chairman of the Scientific Committee

Prof. Józef Bergier, PhD

Chairwoman of the Organizing Committee

Krystyna Gawlik, PhD